

LEWES -BERWICK

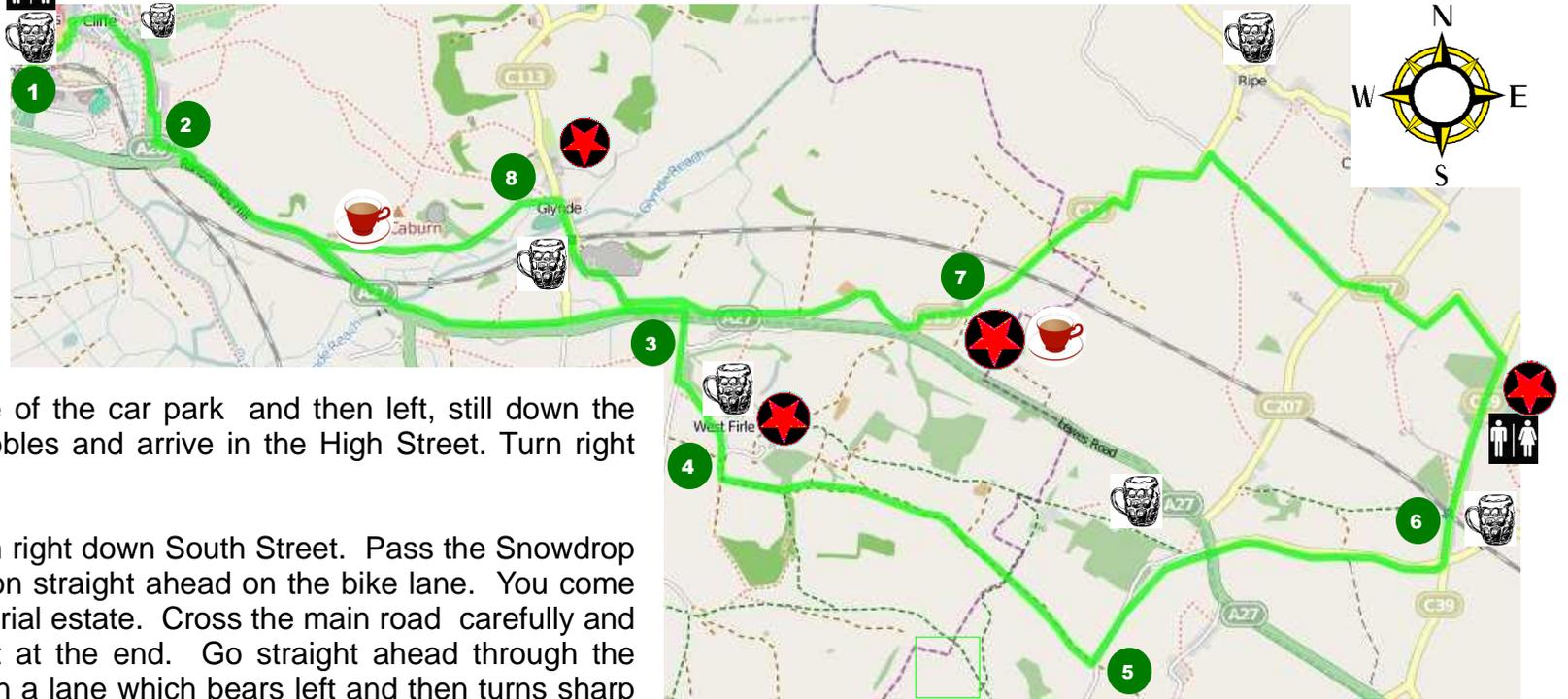
Eastbound via Firle 15km, 9m Westbound via Middle farm and Glynde 16km, 10m

1) From the main entrance of the station turn right. Then take the first (sharp) right back downhill towards the station. Before reaching the station turn left along Pinwell Lane. Just before this lane ends see a gap on the right, in front of a garage. Turn right here, and keep straight ahead. Turn left at the end of the road. At the next junction turn right down the side of the car park and then left, still down the side of the car park. Cross cobbles and arrive in the High Street. Turn right along the High Street

At the end of the High Street turn right down South Street. Pass the Snowdrop pub on your left and then carry on straight ahead on the bike lane. You come to a road on your left to an industrial estate. Cross the main road carefully and cycle down this road. Turn right at the end. Go straight ahead through the estate. At the end you emerge in a lane which bears left and then turns sharp right. You will see a pavement on your left. Ride onto the pavement (There is sometimes glass here).

2) The pavement turns sharp left at the A27 and continues as a cycle lane, Keep on the cycle lane by the A27 all the way to point 3, which is at the third turning on the left, where an old garage is home to a para-gliding school. Continue straight ahead on the cycle lane for about 50 metres, to a turning on the right signposted to Firle.

Cross the A27 at the traffic island and go down this turning. (If you do not turn left but keep straight on, on the cycle route, you will come to Middle Farm after about a kilometre. At the gates to Firle Place (www.firle.com) go straight ahead unless you would like to visit the house and grounds. Take the next left into the village, passing the Ram Inn and follow the village road to its end. It turns into a track.



4) Continue on the track and then turn left. This is the old coach road. It is unsurfaced, but a few years ago the council smoothed it out, so that the surface could be used by road bikes. Continue on this until you come to the first surfaced road.

5) Turn left down this road. When you reach the A27 go straight ahead.

6) At the next junction turn left to find Berwick Station about 100 metres up on your left. Trains leave Berwick hourly for Lewes, Brighton, Eastbourne and Hastings.

You are now on the return route. You can join the route here by getting the train, or by taking my Lewes to Newhaven via Seaford route.

Continue straight ahead over the level crossing. Pass Arlington reservoir on your right. This has toilets and walks. Take the next turning on the left. Follow this lane round as it turns first to the left and then to the right. Come to a junction. Turn left here. Shortly afterwards take a right along a long straight road. At the next junction turn left. Follow the lane as it twist and turns. It crosses a level crossing.

7) Shortly afterwards you will see a gate to a field, which may have cars in it. This is the entrance to Middle Farm, a farm park, with animals, a cafe and shops. www.middlefarm.com

Returning to the route, follow the lane to its end, where it joins the A27. Do not ride down the A27 but take a lane to the right, which runs roughly parallel with the A27 and then meets the A27 at the beginning of the cycle lane to Lewes. Cycle along this to point 3, the old garage used as a paragliding school.

Turn right here. Cycle up the hill and down the other side, emerging at a road junction by the Trevor Arms pub. Turn right here and cross the railway line. You are now at Glynde station. If you are tired out then you could get a train from here. Otherwise keep straight on into Glynde village.

The route turns left at the first junction. (If you go straight ahead, on your right you will find Glynde Place- www.glynde.co.uk) There are two short hills to climb before you pass a tea room on your right (www.caburncottages.co.uk Open Wednesday to Sunday) After the tea rooms you join your outward route. Follow the cycle route to its end then turn sharp right downhill.

2) The lane turns sharply to the left and then bends to the right, entering an industrial estate. Cycle through the industrial estate and turn left at the first road junction which leads to the main road. Cross the main road and turn right along the cycle lane into Lewes. The cycle lane ends near the Snowdrop pub. Carry on straight ahead along South Street. Pass the chip shop and, just before the church, turn left into the High Street. The High Street is two way for cyclists here, but one way for everyone else. Pedestrians and drivers may not be expecting you to be coming the other way.

Cross the bridge over the river and keep straight ahead through the shopping precinct. Immediately after Boots turn left and follow the road as it bears right. At the end of this road turn left to see Lewes station.