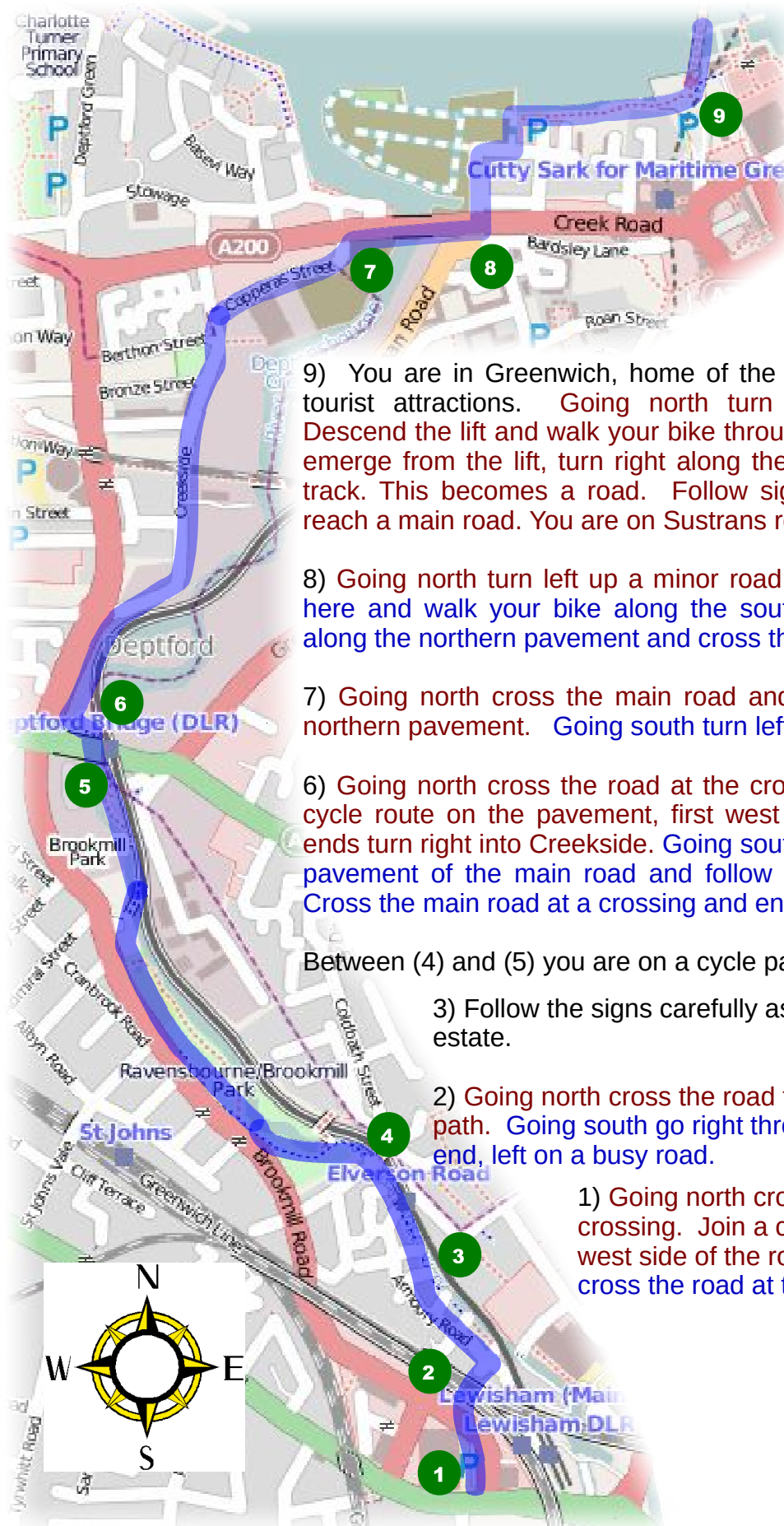


LEWISHAM - GREENWICH

3km 2m 10m climb both ways



The tourist highlight of this section is Greenwich. The route goes right past the restored Cutty Sark ship and nearby is the national maritime museum and Greenwich Park. You could take a boat from here to complete the route into London. But the ordinary residential areas you pass through are more the "real" London.

9) You are in Greenwich, home of the Cutty Sark ship and many tourist attractions. Going north turn left into the foot tunnel. Descend the lift and walk your bike through the tunnel. Going south, emerge from the lift, turn right along the promade. Reach a cycle track. This becomes a road. Follow signs left and right until you reach a main road. You are on Sustrans route 21, which is signed.

8) Going north turn left up a minor road. Going south either cross here and walk your bike along the southern pavement, or walk it along the northern pavement and cross the road after the bridge.

7) Going north cross the main road and walk your bike along the northern pavement. Going south turn left along Copperas Street.

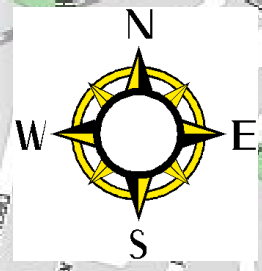
6) Going north cross the road at the crossing and follow the green cycle route on the pavement, first west and then north. Where it ends turn right into Creekside. Going south join the cycle path on the pavement of the main road and follow it round when it turns left. Cross the main road at a crossing and enter a park.

Between (4) and (5) you are on a cycle path in a park.

3) Follow the signs carefully as the path winds through the estate.

2) Going north cross the road to go under a tunnel on a path. Going south go right through a tunnel and, at the end, left on a busy road.

1) Going north cross the main road at a cycle crossing. Join a cycle lane which runs up the west side of the road ahead. Going south cross the road at the crossing



CATFORD - LEWISHAM

3.5km 2m 30m climb each way

There is some very beautiful parkland here. It is managed by Lewisham Council. You may want to contrast it with Cator Park further south, which is managed by Bromley. One council cares about its parks and the other does not.

The route is mostly well signposted and easy to follow but there are some places at Lewisham and Ladywell where you may need to consult the map.

2) Northbound after passing under the railway follow the signs carefully through the estate and the park. When you reach the main road get off of your bike and walk it along to a crossing. Cross the road and find a bike lane in the road opposite on the left hand side.

1) Northbound turn left at the end of the park. Cycle along the pavement. Turn right once you get over the railway bridge.

Southbound turn left on meeting the main road. Cross the railway bridge. Turn right into the park.



Sculpture and flowers on the route.



Information from www.travellog.co.uk. Copyright Chris Smith