

NEWHAVEN/LEWES

12km, 8m

(1) Lewes has all facilities, including shops, bike shops, cafe's pubs, accommodation and transport. If you are coming out of the main station exit at Lewes, turn left and then right at the roundabout. If travelling north go left at the roundabout and see the station on your right.

(2) Travelling south bear left at the Swan pub. Travelling north bear right.

A bike route is planned between Lewes and Kingston. It will leave the main route half way between points 1 and 2 and finish just south of Springbarn Farm.

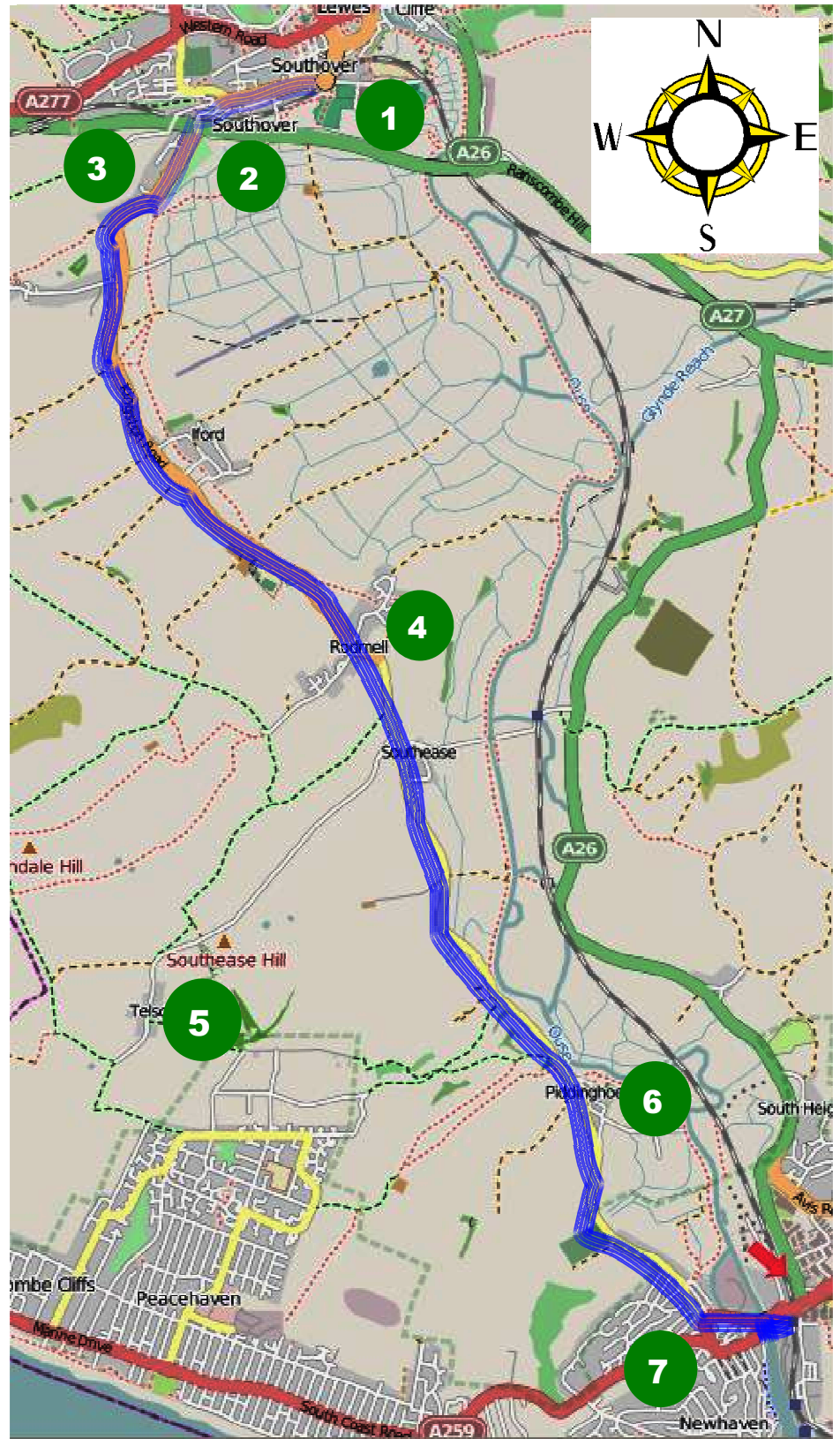
(3) Springbarn farm has a cafe, shop and camp site.
www.springbarnfarm.com

(4) The Abergavenny Arms at Rodmell does food and drink. The Monks House is Virginia Woolf's old home.
www.nationaltrust.org.uk/monks-house/

(5) Telscombe Youth Hostel is about 3 hilly kilometres off the route to the south west.
www.yha.org.uk/hostel/telscombe

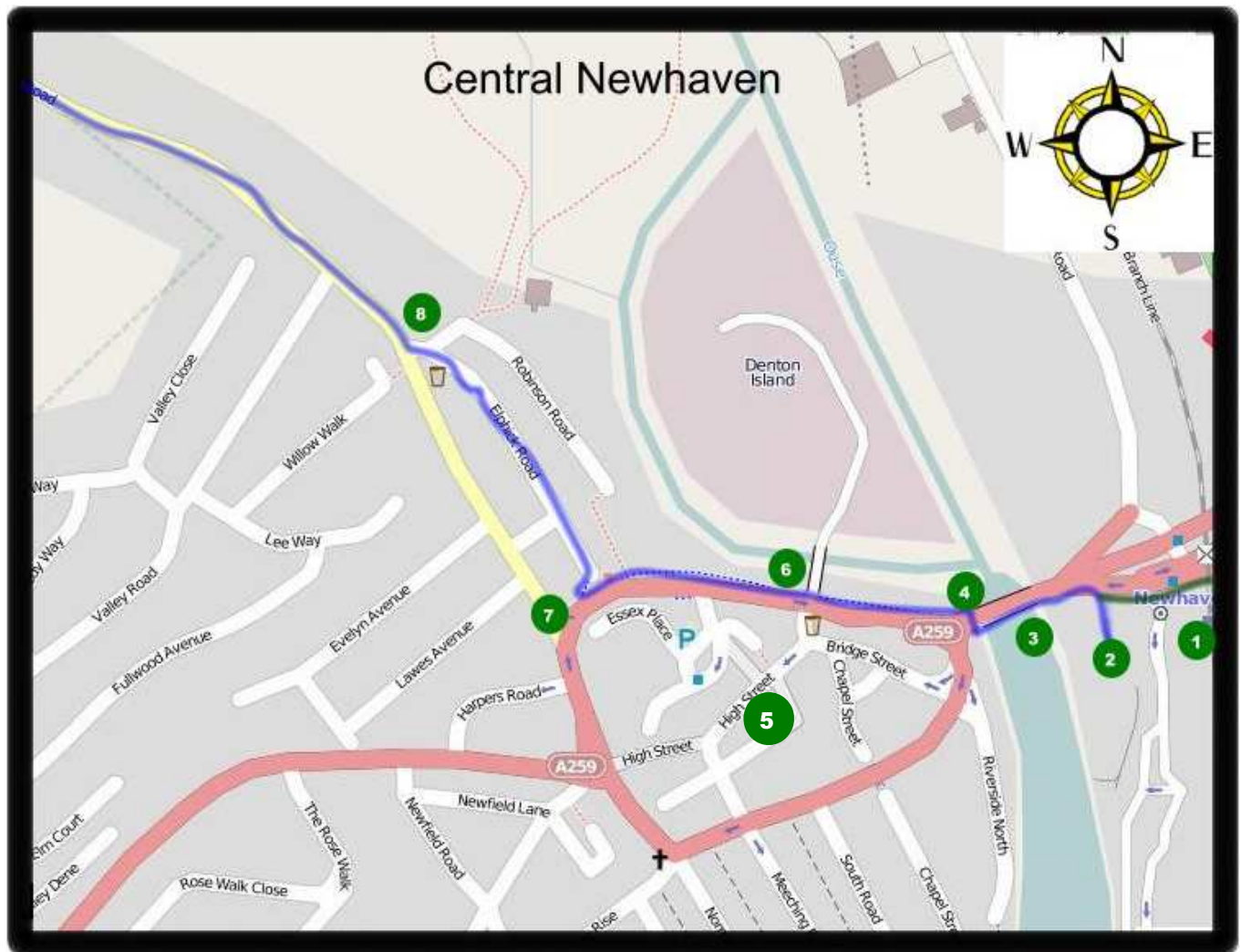
(6) You can make an interesting diversion though Piddinghoe Village to the east of the route, but there are no facilities.

(7) See the next page for the details of the route through Newhaven.



Lewes Railway Station/ Newhaven Ferry Port or Newhaven Town Railway Station

This is an undulating route along a country road which can be busy between 8 and 9 and between 17.00 and 18.00 Monday to Fridays. The distance is about 12 kilometres.



(1) Newhaven Town Railway Station. To the east of the station there is a cycle route to Seaford and points east. **If coming out of the station turn left along the pavement**

(2) Newhaven Ferry Port. **If coming out of the port turn left along the pavement.**

(3) Travel along the pavement. You should walk your bike across the bridge.

(4) Cross the road using the crossing.

(5) Newhaven has shops, cafes, pubs and a limited supply of accommodation.

(6) Cycle lane on broad pavement.

(7) Travelling **north** turn **sharp right** up an alley and then **left** on to Elphick Road. Travelling **South** go to the end of Elphick Road. Turn right and then sharp left.